

Stay Safe from Phone & Email Scams

A Quick Guide for Seniors

Phone Scam Prevention

- Don't trust caller ID — scammers can fake it.
- Never share personal info like Social Security or bank numbers.
- Hang up on threats, pressure, or payment demands with gift cards.
- Let unknown calls go to voicemail.
- Use call blocking tools from your carrier.

Email & Online Safety

- Don't click unknown links or attachments.
- Check sender addresses carefully for typos or fake domains.
- Watch for urgent or emotional messages — they're red flags.
- Use strong passwords and enable two-factor authentication.
- Keep your computer and phone software up to date.

Smart Safety Habits

- Sign up for the National Do Not Call Registry: donotcall.gov
- Report scams: reportfraud.ftc.gov or call AARP Fraud Watch (1-877-908-3360).
- Talk with family or friends before acting on suspicious calls or emails.
- Share this flyer — knowledge keeps our community safe!

Remember: If it sounds too good to be true — it probably is. Pause, think, and protect yourself. Stay alert. Stay safe. Stay connected.



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